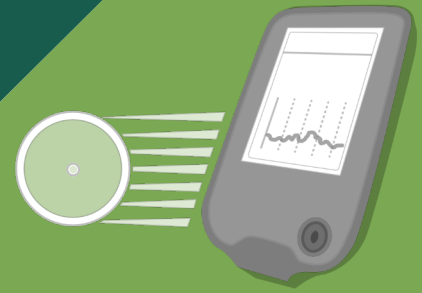


Ways a **Diabetes Navigator** can help you

A Diabetes Navigator is a registered nurse who works with patients one-on-one to address barriers to diabetes care.



Education

- Help understand treatment plans
- Explain blood tests and medical conditions
- Explain how to use and take medications
- Demonstrate how to apply and use CGM's



Personal Support

- Attend doctor visits
- Be the point of contact for patient and care team
- Set goals to improve diabetes management
- Offer emotional support



Advocate

- Connect to assistance for medications and supplies
- Refer to mental health or other specialists
- Connect to free legal services
- Connect to other social services as needed



Problem Solver

- Help arrange transportation to appointments
- Help address insurance and medication barriers
- Help address food insecurity and access to food
- Help cover cost of utility costs
- Help find temporary or permanent housing

Reach out for
more information
Today!

Liz Beverly,
Principal Investigator
beverle1@ohio.edu

Sarah Adkins, QI Lead
adkinss4@ohio.edu



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THE DIABETES INSTITUTE
Heritage College of Osteopathic Medicine